

## St. Michael's Hospice Useful Resources:

Suggested reading for adults supporting bereaved children

- How do People with Autism Grieve and How to Help: An insider handbook by Deborah Lipsky
- Grief in Children: a Handbook for Adults by Atle Dyregov, 2008
- The Grieving Child: A Parents Guide by Helen Fitzgerald. Help in understanding death from a child's perspective.
- Communicating with Children When a Parent is at the End of Life by Rachel Fearnley. Guidance on the importance of sensitive and clear information when a family member is terminally ill.

