

Terms and Conditions – Get Moving in March!

1. All ages are welcome to take part, however we suggest that anyone under the age of 16 MUST be accompanied by an adult at all times.
2. Participants MUST ensure that they are following the current UK government guidelines and practicing safe social distancing measures at ALL times.
3. St. Michael's Hospice cannot be held responsible for personal accident, injury, loss or damage occurred during this challenge. Each participant will be fully responsible for any fees or costs incurred or arising from an accident either involving or caused by the participant. They take part at their own risk.
4. Participants are responsible for selecting a safe place to exercise and/or route to walk/run/cycle and MUST be considerate to all non-participants, road and path users at all times.
5. We strongly advise that all participants wear appropriate footwear and clothing to ensure their safe and enjoyable participation.
6. All participants must follow the Highway Code when on public roads and pathways. Traffic signals and road signs must also be obeyed.
7. Participants, if cycling, must ensure they ride in single file, but no more than two abreast where necessary. It is mandatory that all riders wear an approved safety helmet and it is the participants responsibility to ensure that the bike they are riding for the challenge and all of their equipment is of a suitable standard for the distance they are cycling.
8. You are responsible for your own medical condition. If you are in doubt about your health or have a medical condition that could be affected by this strenuous activity, we kindly ask you to obtain your doctor's approval before participating in the challenge. You take part at your own risk and we will not be held accountable for aggravation to illness or injury sustained due to participation in this challenge.
9. You must be physically fit and satisfied that you are able to complete your chosen challenge. St. Michael's Hospice recommends, where possible, that all participants walk/run/cycle with an acquaintance.
10. Entry fee is non-refundable.
11. St. Michael's Hospice cannot accept liability for any property you may lose or damage during this event.
12. If your email address or telephone number changes, then you MUST inform us as soon as possible via email at events@stmichaelshospice.org.uk, alternatively call 01256 848848. If this is not done or your details are filled out incorrectly, then we cannot guarantee you will receive all communications about the challenge.
13. All sponsorship money should aim to be sent to St. Michael's Hospice (North Hampshire) within 1 month of completing your challenge.
14. St. Michael's Hospice reserves the right to update its terms and conditions in relation to this challenge at any time. All participants will be provided with any updated terms and conditions.
15. Participants acknowledge the sharing of their personal data to relevant third-parties only if completely necessary. If you are registering a child under the age of 16, you agree for us to store their data until the challenge is complete. You also agree for us to share that data with third parties if appropriate.