

Sunday 13th June 2021

Farleigh Wallop Estate, Home Farm Barn, Farleigh Wallop, Basingstoke, RG25 2HX <u>Important Event Information</u>

The walk has two routes; 5 miles or a challenging 10 miles. As a guide, the 5 mile walk should take around 3 hours to complete and the 10 mile walk a maximum of 6 hours.

PLEASE REMEMBER TO SIGN IN AND OUT AT THE MAIN BARN.

10 Mile Walkers Only

Any participants that are walking the 10 mile route must be on site by 09.15. This will give you plenty of time to sign in and use the toilet facilities before you set off promptly at **09.30 ONLY.**

5 Mile Walkers Only

Any participants that are walking the 5 mile route can depart between 10.00 and 11:00.

COVID-19

** Please be reassured that there will be arrangements in place to manage COVID-19 for the duration of this event. These will be continually reviewed to ensure we are adhering to the most up to date government guidelines and advice, ensuring the paramount safety of our participants at all times.**

There will be hand sanitiser placed around the venue, which we will ask you to use when both entering and exiting the barn, however we also encourage you to bring your own. There will be a one-way system throughout the barn, which we kindly ask you to follow. Whilst also always maintaining a social distance from other participants outside of your household/bubbles, both in the Barn and during your walk. We would like to thank you in advance for your cooperation.

Event Emergency Contact Number

Please save this number in your mobiles prior to event day for emergency purposes only - **07920 253578**. This number will put you through to the Events Team.

What 3 words

Please **download this app** prior to the event, as this will enable us to get to you quicker by knowing your exact location if you require any medical assistance during the event.

Clothing and Footwear

We advise that all participants bring a water bottle and wear long trousers as the route does occasionally involve walking through overgrown trees and shrubs. In addition, please make sure you are wearing appropriate footwear as the ground may be uneven, slippery, and muddy at times. There may also be overhanging branches in parts.

Roads

The route does include a couple of very short walks along roads which will be marshalled; please obey the Highway Code at all times.

Car Parking

Participants should park in the car park labelled 'Event Parking' only and not in the courtyard/start area as this is reserved for disabled spaces only. Participants are responsible for ensuring vehicles are moved off the premises by 16.00 on the 13th June. Any vehicles that remain parked after this time will be locked in overnight and the owner will be responsible for contacting the Estate Office.

Dogs

Please ensure that you keep dogs on leads at all times, as you will have to cross a couple of roads and may also encounter livestock in the passing fields. Please collect any dog waste and place into a disposal bag, which you will need to provide. It is essential that your dog is fit and healthy before commencing the walk; also please ensure you have plenty of water for your dog.

Toilets

Toilets are only available at the start/finish of the walk. Please ensure children have used the facilities before they begin the walk.

Refreshments & Stalls

On your return to Home Barn, we invite you to join us for a warm drink and cream tea for a suggested donation to the Hospice. There will also be a few stalls for you to shop around on your return.

Sponsorship

This year it will cost over £5.3 million to operate the Hospice and provide our services to our local community, with around 16.5% funding from the North Hampshire Clinical Commissioning Group. The remaining funds comes from the kind donations made by people like you.

Therefore, you may wish to use this opportunity to raise extra funds for St. Michael's Hospice by raising sponsorship from family, friends, work colleagues and neighbours. Although we understand raising sponsorship can be difficult, if you are able to, this makes a huge difference to us as over 50% of the income generated from this event is generated through participant sponsorship. For more sponsorship tips and information, please see our fundraising toolkit.

On behalf of all our patients, their families and the dedicated staff and volunteers at the Hospice, thank you for taking part and choosing to support St. Michael's Hospice!

Also, a huge thank you to our volunteers, sponsors and supporters!

For further information, please email events@stmichaelshospice.org.uk or call our Fundraising Hotline on 01256 848848.

