Dignity in practice worksheet

Name:

This worksheet is for you to record your learning about dignity in care. Some parts will be completed during the sessions and others as follow-up learning. Remember, for the practice-based activities, do not include any identifying information about patients/clients so that confidentiality is maintained.

SECTION 1 WHAT IS DIGNITY?

1. What does dignity mean to you? Jot down your ideas here:

2. Ask one person outside your workplace (family or friends) what dignity means to them. Write it down here:

3. Drawing on the above, and the session discussion and DVD, write down three key points about the meaning of dignity:
   i) 
   ii) 
   iii) 

4. Select one patient/client who you are caring for over one shift. What do you think dignity might mean for this person?
SECTION 2: LOSS OF DIGNITY – HOW WOULD YOU FEEL?
On your next shift, focus on one patient/client and consider the effect of ‘Place, People and Process’ on this person’s dignity. Write a reflective account in the spaces below:

**Place**: how might the care setting affect the person’s dignity?

**People**: how might staff behaviour affect the person’s dignity?

**Process**: how might processes, such as care activities, affect the person’s dignity?

Your positive action to help to maintain the person’s dignity:

SECTION 3: DIGNITY IN PRACTICE – SMALL CHANGE – BIG DIFFERENCE
A plan to promote dignity in your setting:

What is the dignity issue?

What is your solution?

**Place**: where will this happen? Does the environment need to be modified? If so, how?

**People**: who will be involved? What will they do? Who can help?

**Process**: what processes are involved? How and when will they be carried out to promote dignity?