

Terms and Conditions – Basingstoke Run 2019

1. You must be at least 12 years old to take part in the 10K. Children (under the age of 16) taking part in the 10K must be accompanied by an adult aged 18 or over.
2. Children (under the age of 16) taking part in the 5K must be accompanied by an adult aged 18 or over.
3. Upon registering, you will be asked to provide an emergency contact name and number of someone who will be available on the night of the event. This should not be someone participating in the run.
4. St. Michael's Hospice cannot be held responsible for personal accident, injury, loss or damage occurred during the event. Each participant will be fully responsible for any fees or costs incurred or arising from an accident either involving or caused by the runner.
5. St. Michael's Hospice strongly advises all participants to take out their own insurance to cover themselves for all aspects of the event.
6. St. Michael's Hospice cannot accept liability for any property you may lose or damage during this event.
7. All sponsorship money must be sent to St. Michael's Hospice (North Hampshire) by Friday 2nd August 2019.
8. Entry fee is non-refundable.
9. If the weather changes during the event and the event needs to be modified, postponed or cancelled, marshals will be notified immediately. Depending on the situation, participants would then be directed onto an alternative route or advised to go back along the way they came.
10. Participant race numbers must be filled out with medical information before beginning the race.
11. Participant race numbers are specific personal identifiers and may not be exchanged with or transferred to any other person. If you do wish to transfer your cyclist number, please contact a member of St. Michael's Hospice fundraising team ahead of event day.
12. Participants must follow instructions as given from event organisers, marshals, volunteers, medical personnel throughout the duration of the event. Failure to do so may result in exclusion from the event.
13. This is a running event, and therefore you are not permitted to use a bicycle, or any other form of transport including but not limited to rollerblades, skateboards, heelys.
13a. Disabled entries are welcome to take part, although due to the nature of the event we ask you to contact the organisers prior to completing your registration form as the event may not be feasible for people with some disabilities. If the disabled entrant is successful in obtaining a place and requires assistance from another person (or people), one person assisting will be guaranteed a place.
14. You are responsible for your own medical condition. If you are in doubt about your health or have a medical condition that could be affected by this strenuous activity, we kindly ask you to obtain your doctor's approval before participating in the event. You take part at your own risk.

15. You must be physically fit and able to complete your chosen route. If any participant is unable to complete the run they must inform a marshal, medical personnel, or contact the Events Team.
16. If any participant is unable to complete the run they must complete a 'Opt Out' form on their return to the Enquiry Desk.
17. The event organisers aim to ensure the commencement of the event, however, should a decision be necessary to postpone or cancel the event, participants are encouraged to check for updates on social media or look out for official St. Michael's Hospice Basingstoke Run emails.
18. Alcohol and drugs are **NOT** permitted at the event.
19. By taking part, all participants confirm that they are happy for any footage or photographs to be taken and used to publicise the event and the Hospice. Should exemption be required, it is the responsibility of the participant to inform St. Michael's Hospice.
20. Every participant shall be provided with a race number which **MUST** be worn on the front of shirts and be visible at all times during the event. Participant runner numbers must be filled out with medical information before beginning the run. This is for your safety and to support our medical provider with any known medical conditions.
21. Any participant who has been found to have gained an unfair advantage by intentionally shortening the route of the race shall be immediately disqualified.
22. No persons are authorised to be on the course unless they are registered participants or event officials.
23. No dogs are allowed on the course.
24. If your postal address, email address or telephone number details change, then you **MUST** inform us as soon as possible by emailing: events@stmichaelshospice.org.uk. If this is not done, we cannot guarantee that you will receive all run communications.
25. St. Michael's Hospice cannot supply clothing or equipment for participants during this event. Runners are asked to come equipped with whatever necessary clothing, medication and nourishment is required to enable enjoyable and safe participation in this event. All participants must wear suitable footwear as parts of the routes will be uneven.
26. St. Michael's Hospice reserves the right to update its terms and conditions in relation to the event at any time prior to the event. All participants will be provided with any updated terms and conditions in advance of the event or on the day of the event.
27. Participants acknowledge the sharing of their personal data to relevant third party event suppliers, such as Jigsaw Medical for insurance purposes.
28. If you are registering a child under the age of 16, you also agree for us to share that data with third parties where appropriate, for instance with medical crews at our events.