

## HOW YOU CAN HELP

### Volunteer

There are a wide range of volunteer roles at St. Michael's; within the Hospice, in one of our charity shops or fundraising in the community. If you are interested in volunteering your time please contact the Volunteer Office on **01256 844744**

### Retail

The Hospice has a chain of 7 charity shops located in Alton, Brighton Hill, Chineham, Hook, Overton, South Ham and Tadley. The shops are happy to receive donations of clean and serviceable goods for sale and also old and unusable shoes, mobile phones, ink cartridges, textiles etc. which can be recycled for further income.

### Fundraising

There are many different ways in which people can support fundraising for St. Michael's, some of these include:

- Organising or taking part in a fundraising event
- Having a penny box in your home
- Remembering St. Michael's Hospice with a Gift in your Will
- Getting your organisation involved in fundraising
- Considering a donation or regular gift

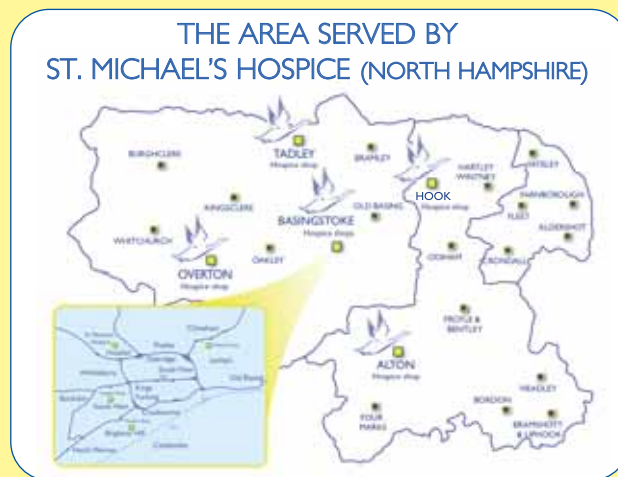
### Lottery

St. Michael's Hospice runs a weekly Lottery draw with £1,250 worth of prizes to be won every week. The Lottery costs £2 per week per entry which can be paid via direct debit, cheque or credit/debit card. To find out more about joining the Lottery visit [www.stmichaelshospice.org.uk/lottery](http://www.stmichaelshospice.org.uk/lottery) or call the Lottery Hotline on **0870 050 1677**

*All support is greatly appreciated and helps to ensure we can continue providing our vital services to the local community.*

*A UK registered charity, St. Michael's Hospice receives 30% of its annual funding through the Hampshire PCT, the remaining 70% or £1.8 million must be raised through fundraising and retail activities.*

*All services are provided to patients and their families free of charge.*



For further information visit  
[www.stmichaelshospice.org.uk](http://www.stmichaelshospice.org.uk)

St. Michael's Hospice (North Hampshire)  
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Lottery Hotline: **0870 050 1677**

Registered Charity Number: 1002856  
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Company Limited by Guarantee  
Registered in England No. 2588395

Company Information:  
Registered Office:  
Oakleigh House, Hartley Wintney, Hampshire, RG27 8PE



# About St. Michael's Hospice

Quality for Life - Choice in Care

**St. Michael's Hospice (North Hampshire) helps people faced with a life-limiting illness, their families and carers by providing a choice of specialist care and support to enable them to attain the highest possible quality of life.**

An holistic approach is fundamental to the care St. Michael's offer patients as it ensures that physical, emotional and spiritual needs are met. This holistic care is provided by a multi-disciplinary team which includes:

- Nursing and Medical Staff
- Therapists
- Chaplaincy
- Bereavement Support
- Family Support

Volunteers also work alongside the professional staff to enhance many aspects of Hospice care.

The Hospice team has established links and partnerships with colleagues in the local Hospitals, Community and Social Services, which enable a speedy response to patients' needs.

Referral to the Hospice is by General Practitioners, District Nurses, Hospital Doctors and Nurses, Social Workers and the North Hampshire Palliative Care Service. All referrals are through the Senior Nurses.



## ST. MICHAEL'S SERVICES

### In-Patient Unit

St. Michael's Hospice In-Patient Unit is a short stay facility currently operating at 10 beds - the majority are single, ensuite rooms with some doubles to allow flexibility if family members wish to stay.

Patients are referred to the In-Patient Unit for symptom control (main reason), rehabilitation, respite and terminal care.

### Day Care

Day Care runs twice-weekly for patients living at home who are well enough to come out for part of the day. Up to 15 patients can attend each session which provide a wide range of activities, therapies, entertainment and outings. Day Care offers an opportunity for patients to meet with each other as well as giving them access to support and advice from the professional team. It provides a day out for the patient and a day off for their carer.

### Hospice at Home Service

St. Michael's Hospice at Home Service provides practical nursing and supportive care in patients' homes during the last stages of their illness. A team of qualified nurses and healthcare assistants are available day and night to provide care appropriate to individual needs.



### Bereavement Services

The Bereavement Service offers families of Hospice patients further care and support following the death of someone close.

Bereaved relatives and friends may contact the Bereavement Service at any time after the death to talk through how they are feeling. St. Michael's also offers a Bereavement Support Service for children and young people.

### Therapies

St. Michael's team of therapists provide:

- Complementary Therapy
- Occupational Therapy
- Physiotherapy

Many patients benefit from therapies at St. Michael's Hospice and the type of therapy offered is determined by individual patient needs.

### Out-Patient Clinics

The Hospice offers a range of specialist Out-Patient Clinics which include:

- Complementary Therapy
- Medical Consultation
- Therapeutic Clinic

Referral to these Clinics is through specialist healthcare professionals.

